

## COMPASS GROUP FACT SHEETS ON OUR VALUE ADD TO THE MOE SCHOOL LUNCHES PROGRAMME



## **OUR TAILORED MENUS**

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Day 1, the start of the 10 day cycle menu	DAY 1 - MONDAY	DAY 2 - TUESDAY	DAY 3 - WEDNESDAY	DAY 4 - THURSDAY	DAY 5 - FRIDAY	
STANDARD MAIN	Ham, Edam Cheese & Baby Spinach Wholemeal Croissant	Roast Chicken, Iceberg, Carrot & Garlic Yoghurt Roll	Roast Beef, Tomato Chutney & Salad Greens Sandwich	Chicken & Salad Sandwich	Roast Chicken & Vege Penne with Sundried Tomato	
VEGETARIAN MAIN	Edam Cheese, Tomato & Baby Spinach Wholemeal Croissant	Falafel, Vegan Mayo, Iceberg & Carrot Roll	Edam Cheese, Tomato Chutney & Salad Greens Sandwich	Hummus & Red Pepper Sandwich with Salad Greens	Roast Vege Penne with Sundried Tomato Salad	
ACCOMPANIED BY	Bbq Corn Snacks, Apple or Orange, Colestaw with Vegan Mayo	Veg Sticks & Hummus, Apple or Orange, Cherry Tomato & Cucumber Chunks	Banana & Bran Muffin, Apple or Orange	Anzac Cookies, Apple or Orange, Potato Salad	Fresh n Fruity Berry / Strawberry yoghurt, Apple or Orange	

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TERM 2 | 10 DAY CYCLE MENU

DAY 1 MONDAY D

DAY 2 TUESDAY DAY 3 WEDNESDAY DAY 4 THURSDAY

DAY 5 FRIDAY

STANDARD MAIN	Ham, Edam Cheese & Baby Spinach Wholemeal Croissant	Roast Chicken & Salad Wholemeal Roll	Roast Beef, Iceberg & Carrot Sandwich	Chicken & Salad Sandwich	Penne Pasta with Roast Chicken, Sweetcorn & Pumpkin
VEGETARIAN MAIN	Edam Cheese, Tomato & Baby Spinach Wholemeal Croissant	Falafel, Vegan Mayo & Salad Roll	Edam Cheese, Tomato Chutney & Salad Greens Sandwich	Hummus & Red Pepper Sandwich with Salad Greens	Italian Style Pumpkin & Pulse Pasta Salad with Cheese
ACCOMPANIED BY	Sultana Granola Slice	Edam Cheese Cubes with Crackers	Banana & Bran Muffin	Anzac Cookie	Fresh N Fruity Apricot Yoghurt
	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit





## TERM 3 | 10 DAY CYCLE MENU

	DAY 1 MONDAY	DAY 2 TUESDAY	DAY 3 WEDNESDAY	DAY 4 THURSDAY	DAY 5 FRIDAY
STANDARD MAIN	Ham, Edam Cheese & Baby Spinach Wholemeal Croissant	Roast Chicken & Salad Wholemeal Bap	Roast Beef, Iceberg & Carrot Wheatmeal Sandwich	Penne Pasta with Roast Chicken, Sweetcorn & Pumpkin	Beef Lasagne
VEGETARIAN MAIN	Edam Cheese, Tomato Chutney & Baby Spinach Wholemeal Croissant	Pumpkin & Lentil Patties, Salad Greens & Mayo Wholemeal Bap	Baby Spinach, Carrot and Celery Batons, Roast Diced Pumpkin with Hummus & Pita Bread	Italian Style Pumpkin & Pulse Pasta Salad with Cheese	Vegetarian Lasagne
ACCOMPANIED BY	Blueberry Oaty Granola Bar	Edam Cheese Cubes & Wafers	Banana Bran Muffin	Anzac Cookie	Fresh n Fruity Apricot Yoghurt
	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit





Compass Group has designed bespoke menus just for the Ka Ora, Ka Ako Healthy Schools Lunch Program to ensure a vibrant and nourishing meal is provided each and every day to the 11,600 students at over 50 schools we serve. All of our menus have been designed by chefs and dieticians to meet the nutritional guidelines and portion sizes provided by the Ministry of Education as well as individually meeting the needs and dietary requirements of each and every individual student.

Over the past 6 months of providing both hot and cold nutritious lunches we have made significant menu changes 3 times by listening to the feedback we received from students, teachers and parents. By enhancing our menu to a more appealing offer based on this feedback we have also been able to significantly reduce food wastage. This tells us the students are enjoying our yummy lunches even more so and are benefiting from the nutritional value provided for their learning and energy throughout the day!

We are also one of the only providers supplying a hot lunch to our schools. We are very proud to deliver this on such a large scale. This is a real treat to the students particularly in winter time and warms up their hearts and souls at lunch time. This hot lunch also provides a better variety of options of exciting and nutritional meals throughout the school term. The hot lasagne and hot butter chicken have been a huge hit with the students!

Compass will continue to provide healthy, nutritious lunches and will remain flexible so our menu changes are in direct response to feedback.







## COMPASS GROUP DELIVERING OUTSTANDING HEALTHY AND NUTRITIOUS SCHOOL LUNCHES

